



CINDY WILCOX

LEADING · LIVING · WISDOM



I am a global leadership strategist and practitioner with multi-sector experience in 52 countries.

I help Leaders grow their resilience and well-being, navigate leadership transitions, and develop the wisdom qualities of leadership that distinguish Truly. Great. Leaders.

Dr. Wilcox is an executive coach and leadership development expert with over 25 years of experience shaping leadership and executive coaching programs for the United Nations and other large NGO's, numerous Fortune 100 companies, and 39 Cities, 6 Foundations, and 9 Tribal Communities. Dr. Wilcox has worked with organizations to customize their leadership models and strategies, build and implement leadership development programs, and provide executive coaching for Directors up to the C-Suite, as well as leading her own global teams in the Learning and Development and Talent space.

Dr. Wilcox's background includes leading a Consulting and Training Group for a national research firm, serving as Global Lead for Cargill's Leadership Academies (designing and delivering leadership programs in 52 different countries), and leading Executive Coaching for Target Corporation - expanding one coaching program into a full suite of coaching services for Store Directors up to the C-Suite.

As the Director of Education at the Center for Spirituality and Healing (University of Minnesota), Dr. Wilcox was in charge of the Organizational Wellbeing platform, as well as a Health Coaching Master's degree and all academic programs in integrative health and wellbeing. She oversaw the development of Corporate Mindfulness offerings at companies such as 3M and Optum Health, as well as coaching and consulting with the Carlson School of Management, and working with Gallup on projects related to workplace wellbeing and strength-based leadership.

Dr. Wilcox co-founded the non-profit Global Citizens Network (partnering with indigenous communities around the globe), designed and taught a leadership program for indigenous women from 4 continents, served as senior consultant for Blandin Foundation's Reservation Communities Leadership program, and worked with Angeles Arrien of the World Indigenous Council.

Dr. Wilcox is currently bringing this expansive and diverse combination of skills and experiences to her work with the Wisdom Practices of Leadership, Midlife Transitions, and Leader Resilience and Wellbeing.

Contact Information

Tel: 952-239-2490 • Cynthia.j.wilcox@gmail.com

<http://www.linkedin.com/in/cindywilcox> • www.cindywilcox.com