

Organizations and Individuals I have learned from and collaborated with:

- <https://www.ica-usa.org>
- <https://www.u-school.org/theory-u>
- <https://www.hsdinstitute.org>
- <https://self-compassion.org>
- <https://jonkabat-zinn.com>
- <https://mbsrtraining.com>
- <https://drdانسiegel.com>
- <https://www.dharmaground.org>
- <https://commongroundmeditation.org>
- <https://brenebrown.com>
- https://ggsc.berkeley.edu/?_ga=2.204337680.1634649991.1691777924-1329888998.1691777924
- <https://www.jeanhouston.com>
- <https://www.youtube.com/watch?v=2kDRRBK95no> (Angeles Arrien – passed away so no active website)
- https://integrallife.com/who-is-ken-wilber/?campaignid=13156780690&adgroupid=122067825043&adid=522458038745&gclid=Cj0KCQjwuNemBhCBARIsADp74QSOXpsppB-kMwJcFc_VwGzdLwjUQqB7Jhm9SrB5ocHdfFL7Gntc6QaAmuCEALw_wcB

Poetry:

NYT: [Thank God for the Poets](#)

[David Whyte](#) website and books

[John O'Donohue](#) website and books

[Mary Oliver](#) website and books

[Billy Collins](#) website and books