

Cindy Wilcox | Influential Books

On Life Itself...

[The Alchemist](#), Paulo Coelho

[Man's Search for Meaning](#), Viktor Frankl

[Slowing Down to the Speed of Life](#), Richard Carlson and Joe Bailey

[Paths are Made by Walking](#), Therese Jacobs-Stewart

[The Spirituality of Imperfection](#), Ernest Kurtz and Katherine Ketchum

[Discovering Your Soul Signature](#), Penache Desai

[The Search for the Beloved](#), Jean Houston

[On Becoming a Person](#), Carl Rogers

[The Book of Awakening](#), Mark Nepo

[Finite and Infinite Games](#), James Carse

On Emotional and Mental Wellbeing...

[The Chemistry of Calm](#), Henry Emmons

[The Chemistry of Joy](#), Henry Emmons

[Emotional Intelligence](#), Daniel Goleman

[Self-Compassion](#), Books and Guided Imagery by Kristin Neff

[Wired for Joy](#), Laurel Mellin

On Positivity and Gratitude...

[The Magic](#), Rhonda Byrne

[Positivity](#), Barbara Fredrickson

[Flourish](#), Martin Seligman

[Learned Optimism](#), Martin Seligman

[Authentic Happiness](#), Martin Seligman

[The Hope Circuit](#), Martin Seligman

On Intuition and Creativity

[The Artist's Way](#), Julie Cameron

[Creative Visualization](#) Shakti Gawain

[Living in the Light](#), Shakti Gawain

[Flow](#), Mihaly Csikszentmihalyi

[Lateral Thinking](#), Edward De Bono

[The Path of Least Resistance](#), Robert Fritz

[The Possible Human](#), Jean Houston

On Leadership...

[The Leadership Dojo](#), Richard Strozzi-Heckler

[Leadership Presence](#), Kathy Lubar and Belle Linda Halpern

[Presence-Based Leadership](#), Doug Silsbee

[Leadership from the Inside Out](#), Kevin Cashman

[Organizational Culture and Leadership](#), Edgar Schein

[The Corporate Tribe](#), Keith Wilcock

[Authentic Leadership: Courage in Action](#), Robert Terry

[Power vs Force](#), David Hawkins

[The Fifth Discipline](#), Peter Senge

[Dance of Change](#), Peter Senge

[Presence](#), Peter Senge and Otto Scharmer

[Theory U](#), Otto Scharmer

[The Fifth Discipline](#), Peter Senge

[Resonant Leadership](#), Richard Boyatzis and Anie McKee

[Resonate](#), Nancy Duarte

On Mindfulness and Presence

[Eckhart Tolle](#) resources and books (I especially love Stillness Speaks)

[Full Catastrophe Living](#), Jon Kabat-Zinn

[Awakening through Nine Bodies](#), Phillip Moffitt

[Search Inside Yourself](#), Chade-Meng Tan

On Cultural Anthropology and Wisdom

[The Four-Fold Way](#), Angeles Arrien

[The Second Half of Life](#), Angeles Arrien

[Lightning Bolt](#), Hyemeyhosts Storm

[Seven Arrows](#), Hyemeyhosts Storm

[Song of Heyoehkah](#), Hyemeyhosts Storm

[Summer with the Leprechauns](#), Tanis Helliwell

On Gender

[The Gender Knot](#), Allan G. Johnson

[The Chalice and the Blade](#), Riane Eisler

[The Partnership Way](#), Riane Eisler

[The Alphabet vs. the Goddess](#), Leonard Shlain

On Transitions

[Lifelaunch](#), Frederic Hudson

[Radical Honesty](#), Brad Blanton

[Lateral Thinking](#), Edward De Bono

[A Passion for the Possible](#), Jean Houston

[Transitions: Making Sense of Life's Changes](#), Bill Bridges

On Systems Theory, Metaphysics, and Theories of Everything...

[The Intention Experiment](#), Lynn McTaggart

[The Field](#), Lynn McTaggart

[The Biology of Belief](#), Bruce Lipton

[The Systems View of Life](#), Fritz Capra

[The Hidden Messages in Water](#), Masaru Emoto

[A Brief History of Everything](#), Ken Wilber (and ALL Ken Wilber books)

[Consilience: A Unity of Knowledge](#), Edward O. Wilson

On Spirituality and Second Half of Life

[Let Your Life Speak](#), Parker Palmer

[The Road Less Traveled](#), M. Scott Peck

[A Mythic Life](#), Jean Houston

[The Invitation](#), Oriah

[Seven Thousand Ways to Listen](#), Mark Nepo

[Falling Upward: A Spirituality for the Two Halves of Life](#), Richard Rohr